TIME FOR YOU

YOUR SPRING CLEAN PLANNER

UTILITY

- Wash windows / window sills
- Wash cabinet doors
- Wash inside cabinets
- Wash laundry sink
- Clean drains
- Wash washing machine inside and out
- Wash tumble dryer inside and out
- Wash lint trap
- Wash walls
- Clean skirting boards
- Wash doors and door knobs
- Sweep and wash floors
- Reseal grout lines, if applicable

BATHROOM

- Empty all cabinets and clean inside and out
- Discard expired medications and cosmetics
- Clean bath tub and shower
- Unblock plug holes
- Clean toilet, inside and out
- Clean sink
- Clean drain
- Shine faucets
- Clean mirror
- Dust light fixture
- Wash windows and sills
- Wash walls
- Clean skirting boards
- Wash doors and door knobs
- Reseal grout lines

HALLWAY

- Dust lighting fixtures
- Wash walls
- Clean skirting boards
- Wash doors, knobs and switch plates
- Wash bench or other furnishings
- Launder cushion covers
- Empty out coat closet
- Wash walls
- Sweep and wash floor
- Store out of season items
- Clean door mat

KITCHEN

- For each cabinet or drawer: Remove items and clean
- Sanitise cutting boards
- Sharpen knives
- Wash doors and knobs
- Check food expiry dates
- Clean oven and stove
- Clean and organize fridge and freezer
- Defrost freezer, if necessary
- Clean microwave
- Clean toaster
- Clean and descale kettle
- Clean worktops
- Wash and shine sink
- Wash windows / window sills
- Wash walls
- Clean skirting boards
- Sweep and wash floor
- Reseal grout lines, if necessary

BEDROOMS

- Dust furniture
- For each drawer: remove items, wash drawer, place items back neatly
- Remove everything from closets
- Clean closet floor
- Move bed and clean underneath
- Freshen mattress by sprinkling with baking soda, letting sit briefly, and then vacuuming
- Launder bedding
- Launder curtains
- Wash pillows and duvet
- Dust lights
- Clean lamp shades
- Wash windows and window sills
- Wash walls and trim as needed.
- Clean mirrors
- Wash doors and doorknobs
- Sweep and wash floor

LIVING ROOM

- Vacuum sofas
- Spot clean sofas
- Launder cushion covers
- Dust shelves and furniture
- Clean lamps and lampshades
- Wash windows/window sills
- Clean and dust electronics
- Sort books and magazines
- Wash walls/skirting boards
- Wash doors and knobs
- Hoover and wash floors/carpets

For more tips and advice visit www.timeforyou.cleaning